



KATHY LANG CANINE COACHING

Helping owners achieve dog training success

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October Classes Open for Registration

KENT: Starting October 28 @ Family Dog Training Center

10:00 am Continuing Open & Utility

11:15 am Beginning Open

12:30 pm Foundation Skills

TACOMA: Starting October 29 @ Win-Star Bed & Biscuit

4:15 pm Body Awareness & Conditioning

5:30 pm Beginning Retrieving & Jumping

6:45 pm Foundation Skills

8:00 pm Body Awareness & Conditioning



Comments From Tammie Wilcox, owner of Win-Star:

When Kathy Lang contacted me and asked if we would let her rent our facility for her classes, we were thrilled. Kathy has been a wonderful trainer involved in the Puget Sound area for several years. Also, this gives me the opportunity to sign up for the classes and not travel further than my front door. As a retired professional handler, I'm also taking the information from her class and sharing it in my handling class and using it on my personal show dogs. I highly recommend her classes, and I believe you will enjoy the energy from Kathy, and also the students.



**MORE INFO ON
THE BACK OF THIS
PAGE.**

**USE THE QR CODE
TO VISIT KATHY'S
WEBSITE.**



About Kathy

Kathy started teaching obedience classes in 1979 through King County Parks & Recreation. Her hobby turned into a full-time profession when she left the corporate world and leased her first, of several, commercial dog training spaces (large warehouses). Kathy, and her students, have earned titles in obedience, rally, conformation, herding, agility, tracking, scent work, CGC, tricks and more. Those with the highest aspirations have received the highest achievements in their chosen sports (BIS, HIT, HC, OTCH, RACH, etc.).

While the titles are a great acknowledgement of a team's training journey, Kathy believes all dogs should be well-mannered and her goal is to help every dog and handler team be the best they can be. Many of Kathy's students continue classes simply because they enjoy working with their dogs, learning new skills and having the "best trained companion on the block" and that's the result of teamwork based on mutual understanding, excellent communication with consistency and clarity, and a great relationship.

When Kathy sold her training business a few years ago, she wanted to semi-retire so she could devote more time to training and showing her own dogs and attend field trips with her students. As a result, she's currently teaching a limited number of classes and private lessons for all types of performance skills. She also does private lessons to help owners with behavior issues and sports-specific training and problem solving. Contact her through her website.

A Note About Upcoming Classes

Complete descriptions, along with prerequisites, of every class are on Kathy's website. Here is a brief introduction to two of her beginning level classes that are offered multiple times throughout the year:

Foundation Skills (FS-1)

This is the class where it all begins for handlers interested in all dog sports, but especially Competition Obedience and Rally training. This class is appropriate for all ages (even puppies) who do not have behavior issues that would impact the other students in the class. (Kathy does provide private lessons for behavioral training.) The class introduces games and exercises to build a cooperative, mutually beneficial and enjoyable relationship between dog and owner. Everything starts with focus, attention and engagement. Handlers learn to better understand what motivates their dogs, and dogs become eager to interact with their owners – an important skill that evolves into ignoring distractions in trial and show environments (as well as the real world).

This class incorporates body awareness to help with the accuracy required in obedience. It's easier to teach sit, down and stands/stacks, turns, pivots, etc., when a dog can control his feet, head and neck. Students with dogs whose futures include multiple sports learn how to prevent miscommunication from day one. (Show dogs CAN learn to sit, and will not sit in the breed ring, when there is clear communication! Agility, herding and other sport dogs CAN learn when handler focus is needed and when forward focus is preferred. All sport dogs can learn when they are actively working and training, vs. being released to "be a dog.")

As the class progresses, specific skills are introduced, including heeling with attention (vs. controlled walking and show gaiting), tuck sit (vs. rock back/slouch sit), step forward stand, kick back stand, drop vs. down, fast and fun recalls regardless of the distractions. These concepts and skills will be continued in FS-2, and beyond.

Body Awareness & Conditioning (BAC-1)

This class introduces dogs and handlers to the basic concepts of body awareness and conditioning. It's great for dogs in all types of sports and those showing in conformation. (Note: Dogs with physical issues -- injury, rehab after surgery, etc.-- should be evaluated by a sports medicine veterinarian before enrolling. Please ask if you need a referral.)

This class is taught with extreme attention to detail. Just as you would expect a coach to help you achieve ideal form if you were lifting weights or working in a gym, Kathy will teach you how to use your hands, treats, the dog's collar and props (as needed) to achieve proper form. One of the great things about this type of training is your ability to work at home with a few pieces of equipment. You can work your dog's brain and body even when the weather is bad.

BAC exercises support overall conditioning to improve dog sports performance, create proper body use/development in young dogs and help seniors maintain their fitness. It's also a great way to improve communication with your dog, enhance your luring and shaping skills, and increase your attention to detail. And the dogs love it! It's fun!